

CRYOCAUTERY TO THE CERVIX

Cryocautery involves freezing the cervix (neck of the womb) with a metal probe for 1 to 2 minutes. It is usually used to treat vaginal discharge or bleeding caused by a cervical ectropion. This is a normal feature of the cervix especially if you are taking the contraceptive pill when it opens out a little so that the cells which are normally found inside the cervix are seen on the outside of the cervix. These cells are very delicate and tend to bleed if touched. Over the next few weeks the area which has been frozen heals over with a layer of skin which is stronger than the delicate skin which was present in the ectropion. This is less likely to bleed or cause a discharge.

You may feel period like pains during this procedure but these stop as soon as the freezing is completed. No anaesthetic is required. You will be able to travel or drive home alone afterwards.

About 30 minutes after the procedure you may experience a gush of fluid as the ice melts on the cervix and you will then experience some vaginal discharge for 2 to 3 weeks after the procedure which may be brown/clear. You may need to wear a panty liner.

DO NOT use tampons or have intercourse for 4 weeks after your treatment.

If you experience any fresh bleeding or have an offensive discharge, you should contact the clinic on Tel: 01384 275887

How will my treatment be followed up?

You will receive a follow up appointment in 12 weeks to check healing.